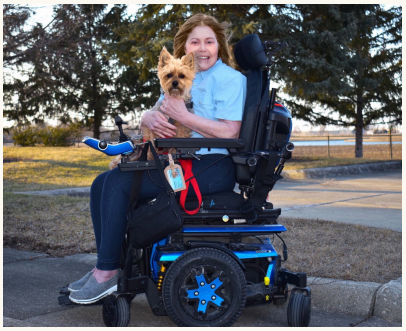
MEDIA KIT · 2026

Marcia Frost

@spiritstraveler · she/her



Baby Boomer wheelchair travel writer reaching over 17,000 across platforms. Creates practical, first-person posts and stories about wheelchair accessible adventures.

Recognized by Feedspot as a Top Disabled Travel Influencer (2025 & '26)

17K+	1,575	5,300	6,100	1.7k
AUDIENCE ACROSS PLATFORMS	INSTAGRAM FOLLOWERS	FACEBOOK FOLLOWERS	X FOLLOWERS	LINKEDIN FOLLOWERS

Access is the important part of the story, not a footnote.

Marcia brings a warm, candid wheelchair-user perspective to hotels, cruises, destinations, and products. Her content helps travelers see both the fun of a trip and the practical details that can make access work.

Teddy, her Yorkie service dog, joins most journeys as a familiar companion. Together, they offer brands an creator voice with useful information and experience.

Marcia also writes openly about her health journey with dermatomyositis, Rheumatoid Arthritis, and Ehler's Danlos Syndrome, building her audience through personal details.

INSTAGRAM AUDIENCE AT A GLANCE Instagram is a growing channel of Marcia's within a combined audience of over **17,000**. Her Instagram audience is mostly US women travelers ages **35-65**.

AgelessAccessibleAdventures.com

Blog with 10,000 views per month & growing
Advertising Space available

PARTNERSHIP OPPORTUNITIES

- Sponsored multi-platform campaigns
- Travel articles and destination features
- Short-form video and story packages
- Hosted travel coverage

Product Promotion

> **Personal storytelling to an audience who values it.**

RECENT & SELECTED COLLABORATIONS

Greater Miami & Miami Beaches | **Away Travel** | **Cloud of Goods** | **North Alabama Tourism** | **Celebrity Cruises** | **argenx / MyositisCollab**

Let's make accessible travel & wellness more visible.

Partnership Inquiries:
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