

Marcia Frost

@spiritstraveler · she/her

Baby Boomer wheelchair travel writer reaching about 17,000 people across platforms supplies practical, first-person posts and stories about wheelchair accessible adventures. She brings along her service dog, Teddy.



Recognized by Feedspot as a Top Disabled Travel Influencer (2025 & 2026)

17K+

AUDIENCE ACROSS
PLATFORMS

1,522

INSTAGRAM
FOLLOWERS

5,300

FACEBOOK
FOLLOWERS

15.5k

MONTHLY
PINTEREST VIEWS

1.7k

LINKEDIN
FOLLOWERS

Access is the important part of the story, not a footnote.

Marcia brings a warm, candid wheelchair-user perspective to hotels, cruises, destinations, and products. Her content helps travelers see both the fun of a trip and the practical details that can make access work.

Teddy, her Yorkie service dog, joins the journey as a familiar companion. Together, they offer brands an experienced creator voice rooted in useful information, honest experience.

Marcia also writes openly about her health journey with dermatomyositis, Rheumatoid Arthritis, and Ehler's Danlos Syndrome, building her audience through personal details.

INSTAGRAM AUDIENCE AT A GLANCE

Instagram is one of Marcia's smaller channels within a combined audience of about **17,000**. Her Instagram audience is mostly US women ages **35-64**; top cities include **Chicago, New York, and her hometown of Champaign**.

PARTNERSHIP OPPORTUNITIES

- Sponsored multi-platform campaigns
- Travel articles and destination features
- Short-form video and story packages
- Hosted travel coverage

Product Promotion

Personal storytelling to an audience who values it.

RECENT & SELECTED COLLABORATIONS

Greater Miami & Miami Beaches

Away
Travel

Cloud of Goods

North Alabama Tourism

Celebrity Cruises

argenx / MyositisCollab

Let's make accessible travel & wellness more visible.

Blog:

AgelessAccessibleAdventures.com

Advertising Space available

Partnership inquiries:

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